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LOCAL AREA NEWS



4-H Programming Update from Director

To say that 2020 was difficult is an understatement. The COVID-19 pandemic and the losses and life changes that came along with it took its toll on many of us. At MSU Extension and Michigan 4-H, we felt the pain that comes with cancelling events and pivoting exclusively to online programming.

You'd be hard pressed to find anyone—inside or outside Extension—who isn't eager to get back to face-to-face programming. We understand that our Michigan 4-H families are missing incredible experiences and connections that were built through in-person gatherings and programs. Waving to your friends, colleagues, volunteers and 4-H'ers in a Zoom meeting isn't the same as seeing them in person. It is, however, an important step toward protecting our friends, families and colleagues during a public health crisis.

We are making plans to resume face-to-face programming, and we look forward to engaging 4-H'ers, their families and volunteers. Our staff is working diligently to chart a path toward resuming in-person programming when the threat to public health caused by COVID-19 greatly diminishes. Though it is premature to cite a specific date, we are eager to see you all at the events, club meetings, competitions and fairs we all have grown to love. Our first interactions will likely be outside, and, of course, will respect other public health protocols.

In the meantime, we are committed to bringing high-quality virtual programming to residents and communities with varying needs throughout the state. It's a great opportunity to keep 4-H'ers connected and get other young people interested in the organization we all know and love so much. We encourage 4-H'ers and clubs to continue meeting via zoom and engage in the many virtual educational programs offered by 4-H. For more information on virtual programs and resources or help setting up 4-H club meetings, contact your 4-H program coordinator or visit MSU Extension Remote Learning and Resources web page.

Thank you for all that you do. We hope to see you soon.

Sincerely,

Jeff Dwyer

Director, MSU Extension Senior Associate Dean of Outreach and Engagement, College of Agriculture and Natural Resources Jake DeDecker

State Leader, Michigan 4-H Youth Development Associate Director, Children and Youth Institute Michigan State University Extension

Join the 4-H Livestock Committee......

Our 4-H community requires dedicated leadership in order for our local program to thrive. The livestock committee is seeking volunteers to serve over the coming year. I challenge <u>EVERY</u> 4-H club to make nominations to these leadership roles to ensure the future of 4-H is bright in Ingham County. Not only is serving on a committee a great leadership opportunity, it also helps you stay connected and informed Nominations and applications due **March 1st**. For applications, please visit <u>https://www.canr.msu.edu/ingham/4-h/councils-committees/</u>

For questions, please contact Glenda Weiss at (517) 676-7303 or weissgle@msu.edu.



Virtual 4-H Officer Training

Are you a 4-H club, association, or committee officer? Learn about the different officer roles (President, Vice President, Secretary, and Treasurer) and the basics of parliamentary procedure! This free virtual training using Zoom will feature a special focus on running club meetings virtually, along with the opportunity to try out various features, tips for voting in a virtual meeting, and more. The training will be youth-focused. Taught by Janelle Stewart, Extension Educator from the Leadership and Civic Engagement team. There are two dates available: Thursday, January 28, or Wednesday, March 10, both from 6 - 7:30 p.m. This training is open to all 4-Hers in the following mid and southwest Michigan counties: Clinton, Eaton, Gratiot, Ingham, Ionia, Kalamazoo, Montcalm, St. Joseph, and Van Buren. To register, please go to: <u>https://events.anr.msu.edu/virtualofficertraining/</u>



Livestock Committee Scholarships

Applications Due February 12, 2021

Ingham County Livestock Committee is sponsoring up to six, \$500 scholarships. This is open to any alumni (2020 graduate) who has or still is exhibiting in the livestock project area for at least three years and are furthering their education.

For application and details, visit: https://www.canr.msu.edu/ingham/4-h/awards-scholarships



Livestock Tagging

For 2021, livestock will be tagged during weigh-in at Fair.



"Virtual" Michigan 4-H Creative Arts Celebration

Time to get Creative!! Do you love arts & crafts? Do you enjoy sewing & textiles? Do the performing arts provide you with enjoyment? Registration is now open for the 2021 Michigan 4-H Creative Arts Celebration Workshop virtually held February 19-21, 2021! If you want to participate register now as sessions are limited! Virtually connect with instructors and work together on your projects, have fun doing a Goose Chase, reconnect or make new friends virtually, be creative, increase your emotional health, and have an enjoyable experience! Here's the link to register: <u>https://www.canr.msu.edu/events/2021-virtual-creative-arts-celebration</u>

The "Virtual" Michigan 4-H Creative Arts Celebration is open to teens, 4-H members and non-members aged 13 (by Jan. 1, 2021) and older. This first-time virtual workshop is also open to 4-H staff, adult 4-H volunteers and adults who work with youth in a variety of educational settings. The goal is for individuals who are willing to re-teach the skills they learn and knowledge they gain in their communities and to have creative fun in a virtual environment! Here's the link to register: https://events.anr.msu.edu/creativearts21/



National 4-H Summit on Healthy Living

The National 4-H Summit on Healthy Living will be virtual and held February 12-15, 2021. The cost is \$75 per youth or adult. Michigan 4-H Healthy Living would like to have one or more teams attend. Please promote this opportunity with high school students in your county that are interested in healthy living or any of the below topics. We created an application <u>form</u> for interested youth to complete. Partial scholarships will be available, and the amount will be determined once we know how many youth are interested in attending. The deadline to apply is January 18th.



Participants will pick between the below tracks:

- o Food Insecurity
- o Health Equity
- o Physical Fitness
- o Substance Abuse
- o Nutrition
- o Mental Health
- o Adult Track for Professional Development



What are we up against? How does COVID-19 impact our mental health? How do we care for ourselves and others? What resources are available and how do we access them? 4-H volunteers are invited to learn and talk about these and other important questions as we address the intersection of physical health and mental health in the COVID-19 pandemic in this presentation from Jen Cronkite, Prevention Therapist with the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties. The "What We're Up Against: Mental Health and COVID-19" presentation will be held on Thursday, January 14, at 6pm. Please register at: https://bit.ly/377H249



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Adulting 101

This exciting FREE series of Adulting 101 is being offered for high school youth and young adults to help prepare for life on your own. Different session topics will be offered on Thursdays in January from **4-5 p.m. EST**.

January 14 -International Conversations: Join us for a cultural conversation live and ask questions that interest you.

January 21 - Goal Setting: Turn your goals into reality with these SMART tips.

January 28 - Food Safety: We all love to eat! Learn how to properly store, cook, and handle your food with safety in mind.

Youth can register at: <u>https://</u> www.canr.msu.edu/ adulting101/ index for any and all sessions!





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Join Us Online

ADULTING IOI

January 14, 21, and 28 4:00 p.m.



www.canr.msu.edu/adulting101



Join Us Online VIRTUAL LEARNING TOOLS WEBSITE

Parents, Teachers, and Homeschool Families https://www.extension.msu.edu/virtual-learning-tools

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JOIN US ONLINE! **4-H LEGO MASTER BUILDER SPIN CLUB**

Every day choose to be creative, be ingenious, be an engineer and become a Master Builder with LEGO! Open to all youth aged 5 to 12.

Sign up by January 14th! Starts: Monday, Jan. 18-22, 2021 From: 10-11:15am

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Questions: Christine Miller email at johns832@msu.edu or call (517)552-6905

JOIN US ONLINE!

4-H MINECRAFT SPIN CLUB

An introduction to computer coding through the world of Minecraft! Open to all youth age 8 to 12.

Sign up by January 21st! Starts: Monday, January 25-29, 2021 From: 10-11:15am

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Questions: Christine Miller email at johns832@msu.edu or call (517)552-6905





Macomb + Eaton County 4-H Present

ART + ACTIVISM

VIRTUAL 4-H SPIN CLUB

EXPERIENCE THE WORLD DIFFERENTLY, FIND THE ARTIST AND ACTIVIST IN YOU.

January 5th - February 23rd | Every Tuesday 6:00 PM - 7:00 pm est.

via zoom



Please email Ally Baird (bairdal2@msu.edu) with any questions Register here: https://bit.ly/37Kr4fJ



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MICHIGAN 4-H PRESENTS

You can get PAID for THAT?!

WILD & CRAZY CAREERS

Careers come in all shapes and sizes. Hear from people who have made their passions a job, and their jobs their passions!

Tuesdays, January 12 - February 16 4:30PM ET on Zoom

Target Audience: Ages 9-19 Cost: Free Zoom link will be provided upon registration

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COOKING WITH KRISTI

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Learn

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- new recipes
- kitchen safety
- cooking terms & techniques

Your free enrollment includes access to a private Facebook group where you can access six videos to watch on your schedule. You will also receive a PDF to go along with each video that includes the recipe and other valuable info.

This series is recommended for youth 10 and up or younger with help from an adult.

https://events.anr.msu.edu/Cooking2021/



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Keeping Kids Safe

We would like to take a moment and share new resources that have been developed by the SAFE team for parents and volunteers.

Keeping Kids Safe: Preventing Grooming by Child Sexual Predators

Keeping Kids Safe: How Child Sexual Predators Groom Adults, Families, and Communities

Keeping Kids Sage: How Child Sexual Predators Groom Children

I would also like to take a quick moment to remind you of the other resources that are also available.

Keeping Kids Safe: Ages 12-17

Keeping Kids Safe: Ages 6-11

Keeping Kids Safe: Ages 0-5

Keeping Kids SAFE: The downside to "sharenting" on social media

<u>Keeping Kids Safe</u> <u>Virtually: Best Prac-</u> <u>tices</u>



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ANY QUESTIONS?

Email Taylor Fabus at tenlenta@msu.edu. More details and registration information (when available) can be located at:

https:// www.canr.msu.edu/ horses ponies/





registration fee includes kit, t-shirt & 6 weeks of instruction.

VIRTUAL 4-H SPIN CLUB INDE PART By popular demand, the most SUS club/around is back! Join us to help find more imposters and play Among Vs. When: January 19, January 20, January 21, January 26, January 27, January 28, February 2, February 3, & February 4 4 - 5 PM EST We will be meeting online using the Zoom app MUST REGISTER ON **4-H ONLINE TO GET ACCESS TO CLUB** Limited to the Free and Open to youth ages 9 and Up / first 25 4-H Members Please visit bit.ly/4-HAmongUs2 to receive more information about this club and how to register on 4-H Online For More Info: upported by F Bay County 4-H Lance Fowler **Bay County A** 🞯 @BayCounty4H fowler37@msu.edu 4-H SPIN Club BAY MICHIGAN STATE Extension UNIVERSITY 🧕 🔀 🐔 逼 🥺 🧾 PPORTUNITY EMPLOYER. MICHIGAN STATE UNIVERSITY EXTE APD TO PACE COLOR NATIONAL OPICIN GENDER GENDER ID JOIN US ONLINE × 14 4-H 🕫

SUCCESS AND SAFETY ON VOLUNTEER- LED VIRTUAL PROGRAMS

January 21 | 1:00 pm EST Register Here: https://bit.ly/30A5K3i

OR

January 26 | 6:30 pm EST Register Here: https://bit.ly/36VOOyf 2021 Michigan 4-H State Award

Changes

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Are you planning to apply for a 2021 Michigan 4-H State Award or submit a Mark of Excellence essay? The timeline for these exciting programs has changed!

The deadline to submit applications or essays is now April 1, 2021. Applications will again be submitted with the MSU Extension events management system.

Additional information regarding the awards program will be forthcoming. Learn more and apply at: <u>extension.msu.edu/4H</u> <u>StateAwards</u>.

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EDI TRAINING WITH LUCE AND MACKINAC COUNTY 4-H

ARE YOU THE JEDI WE ARE LOOKING FOR?

Explore the skills of the Jedi through mindfulness, physical activities and at home challenges.

TUESDAYS JANUARY 26 - FEBRUARY 4:30 -5:30PM OPEN TO YOUTH AGES 7 AND UP

For more information, please email: Jessica Price at brown130@msu.edu or Susan Kirkman kirkmans@msu.edu

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4-H GROWS HERE

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Join 4-H staff to learn about bee program opportunities in 4-H!

Tuesday, January 26, 2021 7:00pm via Zoom

Preregistration required at https://msu.zoom.us/webinar/register/WN 1ftYj VQvSRalKHmNsMXb A

This webinar is open to any youth and adults wanting to learn more about 4-H bee programs in Michigan.

Topics of discussion:

- 4-H Beekeeping Essay Contest
- Upcoming statewide SPIN Club
- Successes of beekeeping clubs
- How to start a local 4-H bee club
- Educational bee apiaries
- ... and more!

H GROWS MICHIGAN STATE Extension NIVERSITY





ARE YOU READY TO LEARN HOW TO MAKE THE GREATEST FAIR FOOD EVER CREATED RIGHT IN YOUR VERY OWN HOME? JOIN US ON 4-H IN THE KITCHEN LIVE AND WE'LL SHOW YOU HOW TO MAKE HOMEMADE BAKED CORNDOGS!

February 20, 2021| 2:00 pm

https://events.anr.msu. edu/4HCornDogs/



MICHIGAN STATE



Let's have a Lego Challenge!

Join us for our Lego 4-H Spin Club! Each session you will be provided with a new challenge to add to the building fun!

Free and open to youth 9 and up

When: Jan 25, Ja n 27, Feb 1, Feb 3, Feb 8, Feb 10

4-5pm EST

We will be meeting online using the Zoom App

For registration info please email Luckeyje@msu.edu



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STATEWIDE CALENDAR OF EVENTS

4-H Events and Workshops

January 5: Art & Activism SPIN Club

Zoom Webinar

Youth ages 9-13 are invited to join discussions and activities related to activism. Michigan AmeriCorps members will lead the meetings from 6-7 p.m. each Tuesday from Jan. 5 - Feb. 23. https://www.canr.msu.edu/events/art-activism-spin-club

January 6: Supportive Teens Empowering Peers SPIN Club

Zoom Webinar

The 4-H Supportive Teens Empowering Peers (STEP) SPIN Club provides an opportunity for teens ages 13-19 to connect virtually with peers through fun games, social interaction and more! This club will meet from 4-5 p.m. each Wednesday from Jan. 6—Feb. 24. https://www.canr.msu.edu/events/4-h-step-spin-club-jan-6-feb-24

January 7: Cloverbud Social Emotional Wellness Kit

Statewide

Complete activities together with your child to help them explore their emotions. Supplies for activities are included in the kit and can be shipped directly to your home. https://www.canr.msu.edu/events/cloverbud-social-emotional-wellness-kit

January 12: Wild and Crazy Careers 4-H SPIN Club

Zoom Webinar

In this six-week series, youth will hear from people who have turned their hobbies and passions into their dream job. Hear from wildland firefighters, wildlife documentary creators, zookeepers, mountaineers and more!

https://www.canr.msu.edu/events/wild-and-crazy-careers-4-h-spin-club

January 14: Adulting 101 - International Conversations

Zoom Webinar

The Adulting 101 series helps high school youth prepare for life on their own. This session will explore cultural values from around the world. Additional sessions will be held on the next two Thursdays and cover goal setting and food safety, respectively.

https://www.canr.msu.edu/events/adulting-101-winter-series-jan-14

January 21: Success and Safety on Volunteer-led Virtual Programs

Zoom Webinar

In this workshop, participants will learn about best practices and strategies to use when programming virtually with youth and adults.

https://www.canr.msu.edu/events/success-and-safety-in-virtual-volunteer-led-programs-1

January 26: Success and Safety on Volunteer-led Virtual Programs

Zoom Webinar

In this workshop, participants will learn about best practices and strategies to use when programming virtually with youth and adults.

https://www.canr.msu.edu/events/success-and-safety-in-virtual-volunteer-led-programs-2

For the most up-to-date events listing, go to http://4h.msue.msu.edu/events.